

Guided Journey

PART 1

Guided tours were conducted in both a local okra farm as well as three households in the local community of Adope. Researchers were accompanied by a translator named Rosemund, a nutrition student at a university in Ho, Ghana.

QUESTIONS ASKED

- What is the current method of harvesting and preserving okra?
- When do these steps usually occur?
- What are all the dishes okra is used for?
- What are some frustrations you experience in these processes?
- What are some things you enjoy about these processes

MATERIALS

- Note Taking Materials
- Camera



PART 2

Researchers then made a user journey map of the okra harvesting process. The map was drawn out on 11x17 paper and was intended to be a rough sketch.

MATERIALS

- 11X17 paper
- Markers
- Pencil

